7th ANNUAL SPORTS & ATHLETIC CHAMPIONSHIP 2012
16th February to 21st February 2012

PATRON IN CHIEF
Honourable Prof. Dr. Muhammad Saeed (Principal)

SPORTS PRESIDENT
Professor Dr. Abdul Karim

DIRECTOR PHYSICAL EDUCATION
Mr. Ishaq A Qureshie

SPORTS CLERK
Habib Ahmad

SPORTS SECRETARY
Mr. Syed Gulraze Ahmad 3rd Year

GIRLS SPORTS SECRETARY
Miss Nabeela Habib Final Year

ATHLETIC SECRETARY
Mr. Qaisar Naveed 3rd Year

GIRLS ATHLETIC SECRETARY
Miss Nida Arif Final Year

Organizer (Out Door Game)
Mr. Muhammad Asad Javed 4th Year (Chief Organizer)
Mr. Qammar Raza 4th Year (Deputy Chief Organizer)

Organizers (Indoor Door)
Mr. Muhammad Ishaq Final Year (Chief Organizer)
Mr. Tatheer Abbas Final Year (Deputy Organizer)

Organizers (Indoor & Out Door)

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<tbody>
<tr>
<td>Mr. Fahim Liaqat</td>
<td>Final Yr.</td>
<td>Mr. Sheeraz Ahmad</td>
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<tr>
<td>Mr. Moazzam</td>
<td>Final Yr.</td>
<td>Mr. Muhammad Arif</td>
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<tr>
<td>Mr. Behram</td>
<td>2nd Year</td>
<td>Mr. Khalil Ullah</td>
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CHIEF JUDGE
Honourable Prof. Dr. Muhammad Saeed (Principal)

CHIEF REFEREE
Mr. Ishaq A. Qureshie (Director Sports)

CHIEF MARSHALS
Prof. Dr. M. Athar Maqbool (Chief)
Prof. Dr. Aftab Asif (Chief)
Prof. Dr. Nuzhat Parveen Khawaja (Chief)
Asso. Prof. Dr. Hafiz M.Yar Malik (Asstt. Chief)
Asstt. Prof. Dr. Tariq Mehmood Rehan (Asstt. Chief)

SPORTS COMMITTEE
- Asstt. Prof. Dr. Saeed Akhtar Malik.
- Dr. Maj. Ahmad Nadeem Tahir
- Dr. Abdul Majid Khan

Chief Controllers of Various Events
- Prof. Dr. Tariq Rehan & Prof. Dr. Muhammad Irfan Mehboob (Football)
- Prof. Dr. Muhammad Idrees Anwar & Prof. Dr. M. Athar Maqbool (Cricket)
- Prof. Dr. Rashid Mehmood & Prof. Dr. Syed Muhammad Aijaz Ali (Badminton)
- Prof. Dr. Aftab Asif & Prof. Dr. Muhammad Tariq (Table Tennis)
- Assistant Professor Dr. Muhammad Jahangir (Chess)

Girls Sports & Athletic Championship Organizers to Control the Games
Prof. Dr. Nuzhat Khawaja Perveen (Chief)
Asst. Prof. Dr. Nuzhat Rasheed, Asst. Prof. Dr. Shazia Majid Khan, Dr. Abida Riaz Senior Registrar

GROUND JUDGES
<table>
<thead>
<tr>
<th>Name</th>
<th>TRACK &amp; FIELD JUDGES PROF. DR</th>
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<tbody>
<tr>
<td>Prof. Dr. Mukhtar Ahmad</td>
<td>Prof. Dr. Muhammad Saleem</td>
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<tr>
<td>Prof. Dr. Muhammad Abdul Rehman</td>
<td>Prof. Dr. Naeem Aslam</td>
</tr>
<tr>
<td>Prof. Dr. Mushtaq Hussain Khan</td>
<td>Prof. Dr. Rashid Mehmood</td>
</tr>
<tr>
<td>Prof. Dr. Zafar Hussain Tanveer</td>
<td>Prof. Dr. Ijaz Hussain</td>
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</tbody>
</table>

ASSISTANT TRACK & FIELD
- Dr. Muhammad Ali Bukhari (Associate Professor)
- Dr. Hafiz Muhammad Yar Malik (Associate Professor)
- Dr. Abdul Hakeem (Associate Professor)
- Dr. Muhammad Anwar Ch. (Asstt. Professor)
- Dr. Muhammad Ibrahim (Asstt. Professor)
- Dr. Muazumi Ali Atif (Asstt. Professor)
- Dr. Sheikh M. Afzal (Asstt. Professor)
- Dr. Shabbir Waraich (Demonstrator)
- Dr. Rashid (Demonstrator)
- Dr. Mustafa (Demonstrator)
- Dr. Khurram (Demonstrator)
- Dr. Arsalan (M.O)
- Dr. Haroon (M.O)
- Dr. Babar (M.O)
- Dr. Bilal (M.O)
- Dr. Sajid (M.O)
- Dr. Akbar (M.O)

COLLEGE & HOSPITAL
COORDINATION COMMITTEE
- Dr. Capt. Mushtaq Ahmad Medical Superintendent (Chief)
- Mr. Fayyaz Mehmood Khan (Director Finance)
- Mr. Ghulam Mustafa Admn. Officer (Coordinator)
ATHLETIC PROGRAMME
SESSION 2012

Dated: 21-02-2012 at 10:00am

a. Welcome to the Honourable Principal, SZMC.RYK.
b. Recitation of Holy Quran.
c. Declaration of Opening Ceremony.
e. Oath Ceremony by the Sports Secretary.
d. Olympic Torch ceremony by the Athletic Secretary.

1. 200 M. Race.
2. Short Putt
3. Discus Throw
4. 400 M. Race
5. Javelin Throw
6. Non Doctors Staff Race
7. Three Legged Race
8. Long Jump
9. Sack Race
10. Relay Race 4 x 200 M.
11. College & Hospital Young Doctors Staff Race
12. Associate Prof. to Asstt. Prof. Race
13. Principal & Professors Race
14. 100 M. Race
15. Prize Distribution

Note: Two Students can take part from each class for each event only.

Indoor & Outdoor Games Programme:

16-02-2012 Inauguration of Sports Week at 10:00 A.M
   Staff V/s Students Cricket Match (Morning)
   Chess Final (Evening)
17-02-2012 Cricket Match
   Table Tennis Final
   Badminton Final
18-02-2012 Girls Athletics
   Squash Final
19-02-2012 Cricket Final
   Clinical vs Preclinical Cricket Match
20-02-2012 Preparation of Athletic Court
   Football Final
21-02-2012 Boys Athletic Championship 2012 & Prize Distribution

Director Sports
Sheikh Zayed Medical College
Rahim Yar Khan
GIRLS ATHLETIC CHAMPIONSHIP 2012
At Govt. Girls Model High School, R.Y.K. On 18th February, 2012 at 10:00 A.M

a. Welcome to the Honourable Principal, SZMC.RYK.
b. Recitation of Holy Quran.
c. Declaration of Opening Ceremony.
d. Oath Ceremony by the Sports Secretary.
e. Olympic Torch ceremony by the Athletic Secretary.
f. Address of College Sports President
g. Address of the College Honourable Principal

1. 50M Race
2. Sack Race
3. Chatti Race
4. Shot Putt
5. Three Legged Race
6. Spoon Race
7. Long Jump
8. Staff & Guests Children Race up to 8 years
9. Staff & Guests Children Race up to 12 years
10. Ladies Staff Race
11. Discus Throw
12. Javelin Throw
13. Musical Chair Race (Girls Students, Guests & Staff)

Note: - Two students can take part from each class for each event.

Girls Sports & Athletic Championship Organizers to Control the Games
Prof. Dr. Nuzhat Khawaja Pervere (Chief)
Asst. Prof. Dr. Nuzhat Rasheed,
Asst. Prof. Dr. Shazia Majid Khan,
Dr. Abida Riaz (Senior Registrar)

Girls Organizers (In Door & Out Door)

<table>
<thead>
<tr>
<th>Outdoor Organizer</th>
<th>Coordinators &amp; Asst. Cor.</th>
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</thead>
<tbody>
<tr>
<td>Miss Madiha Aiman Final Yr.</td>
<td>Miss Zahra Malik 2nd Year</td>
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<tr>
<td>Miss Romaisa Sheikh Final Yr.</td>
<td>Miss Kiran Shahzadi 2nd Year</td>
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<tr>
<th>Indoor Organizer</th>
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<tbody>
<tr>
<td>Miss Nadish Afzaal (4th Year) Chief</td>
<td>Miss Hira Naseem 2nd Year</td>
</tr>
<tr>
<td>Miss Rahima Ahmad (4th Year) (Deputy Chief)</td>
<td>Madiha Shahid (1st Year)</td>
</tr>
</tbody>
</table>
1. **Disciplinary Committee:**
   Gulraze Ahmad Kazmi (3rd Year) Deputy Chief
   Ahmad Ali (Final Year)
   Mehwish Javaid (Final Year)
   Qamar Raza (4th Year)
   Muhammad Asad Javed (4th Year)
   Khalil Ullah Gilgit (4th Year)
   Anum Taufeeq (4th Year)
   Jam Mujahid (4th Year)
   Ishrat Fatima (3rd Year)
   Behram Hassan (2nd Year)

2. **Arrangement Committee:**
   Prof. Dr. Khalid Javed Butt (Chief)
   Tanveer Ahmad Bodlah (4th Year) Deputy Chief
   Arslan Hameed (Final Year)
   Ayesha Mushtaq (Final Year)
   Ali Zeeshan (4th Year)
   Ammar Ali (4th Year)
   Raana Ashraf (4th Year)
   M. Naveed (3rd Year)
   Beenish Manzoor (3rd Year)
   Ifikhar Hussain Gilgit (2nd Year)
   Hira Naseem (2nd Year)
   Wajahat Rashid (1st Year)
   Nadia Jameel (1st Year)

3. **First Aid Committee:**
   Prof. Dr. Mushtaq Hassan Khan (Chief)
   Nida Jameel (4th Year) Deputy Chief
   Muhammad Arshad (Final Year)
   Ahsan Malik (Final Year)
   Shagufta Zulfiqar (Final Year)
   Sohail Akhtar (4th Year)
   Buhra Ghulam (4th Year)
   Afsal Hafeez (3rd Year)
   Zainab Hiba (3rd Year)
   Danish Ali (2nd Year)
   Zobia Noor (2nd Year)
   Usman Malik (1st Year)
   Amna Jabbar (1st Year)

4. **Press & Publication Committee:**
   Asso. Prof. Dr. Safdar Shah (Chief)
   Dr. Masood-ul-Haq
   Dr. Sharif Akhtar
   Abdul Sattar Baloch (4th Year) Deputy Chief
   Muhammad Irfan (Final Year)
   Ameera Haidar (Final Year)
  Essa Ali (4th Year)
   Ahsan Arbab (4th Year)
   Sana Ishaq (4th Year)
   Zeeshan Adnan (3rd Year)
   Ayesha Saleem (3rd Year)
   Tanvir Gilgit (2nd Year)
   Naveela Shaista (2nd Year)
   Ayesha Akhtar (1st Year)
   Sana Masood (1st Year)

5. **Reception Committee:**
   Prof. Dr. Zafar Hussain Tanvir (Chief)
   Farhan Ashari (Final Year) Deputy Chief
   Sibgha Usman (Final Year)
   Ayesha Mouza (Final Year)
   Raskid Ali (Final Year)
   Haroon Aziz Wahla (4th Year)
   Amjad Aziz (4th Year)
   Sana Nazifa (3rd Year)
   Muhammad Ali (4th Year)
   Shoaib Zaidi (3rd Year)
   Zainab Malik (4th Year)
   Abdul Wahab (4th Year)
   Dur-e-Saman (1st Year)

6. **Announcement Committee:**
   Dr. Abdul Majid Khan (Chief)
   Armaghan Aziz (Final Year) Deputy Chief
   Husnain Mazhar (Final Year)
   Arooosa Zainab (Final Year)
   Nouman Arif (Final Year)
   Jawad Ameer (4th Year)
   Rahail Naem (4th Year)
7. **Photography Committee:**

   **Prof. Dr. Shamim Hassan** (Chief)
   **Asso. Prof. Dr. Irshad-ul-Haq**

   **A.B. Magsi** (College Photographer)

   **Salahuddin Asadullah** (Final Year) Deputy Chief
   **Shahn-e-Sattar** (Final Year)
   **Mehar Asim** (Final Year)
   **Shoaib Kanwal** (4th Year)
   **Ifkat Waris** (4th Year)
   **Waqas Rasool** (3rd Year)
   **Shahana Majeed** (3rd Year)
   **Ali Raza Shah** (2nd Year)
   **Nadeem Ahmad** (2nd Year)
   **Rabia Gul Qaisrani** (2nd Year)
   **Ahsan Malik** (1st Year)
   **Hina Rauf** (1st Year)

8. **Refreshment Committee:**

   **Prof. Dr. Khalid Shabbir** (Chief)

   **Mudassir Raza** (4th Year) Deputy Chief
   **Races Afzal** (4th Year) Deputy Chief

   **Sheraz Ahmad** (Final Year)
   **Zainab Tahir** (Final Year)
   **Hafiz Imran** (4th Year)
   **Saheefa Asham** (4th Year)
   **Sajid Akhtar** (3rd Year)
   **Teheem Ali** (3rd Year)
   **Aqdas Mehdhi** (2nd Year)
   **Asifa Azhar** (2nd Year)
   **Masroor Sadq** (1st Year)
   **Rumaisa Khalid** (1st Year)

9. **Decoration Committee:**

   **Prof. Dr. Mahmood Saeed** (Chief)

   **Ammah Sabieh** (Final Year) Deputy Chief

   **Muhammad Ishaq** (Final Year)
   **Mehrooz Sajid** (Final Year)
   **Muhammad Umar** (Final Year)
   **Nadir Hussain** (4th Year)
   **Qurat-ul-Ain Khalid** (4th Year)
   **Zia-ul-Haq** (3rd Year)
   **Ifras Saleh** (3rd Year)
   **Syed Zeezhan Zamir** (2nd Year)
   **Komal Iqbal** (2nd Year)
   **Amna Wajahat** (2nd Year)
   **Hafiz Ismaeel** (1st Year)
   **Nida Zahra** (1st Year)

10. **Athletics Committee:**

    **Asso. Prof. Dr. Ghulam Sabir** (Chief)

    **Muhammad Arif** (4th Year) Deputy Chief

    **Touqir Abbas** (Final Year)
    **Shehar Iqbal** (Final Year)
    **Qazi Rashid** (4th Year)
    **Naiteh Stiffan** (4th Year)
    **Asim-ur-Rehman** (1st Year)
    **Jaleel-ur-Rehman** (3rd Year)
    **Razia Sultan** (3rd Year)
    **Hafiz Saqib Nadeem** (2nd Year)
    **Maryam Zakir** (2nd Year)
    **Sultan Shahid** (2nd Year)
    **Muhammad Neuman** (1st Year)
    **Fatima Zia, Anum Manzoor** (1st Year)

**Class Coordinators:**

**Touqir Nawaz, Sara Majeed** (Final Year)
**Mujahid Abbas, Qurat-ul-Ain Sajjad** (4th Year)
**Noor-e-Mustafa, Sadia Hadayat** (3rd Year)
**Syed Ammar Ali, Syeda Saman Naqvi** (2nd Year)
**Moram Ali, Madiha Shahid** (1st Year)